

Dear parents,

Our staff here at the Hillel Yaffe medical center offers you our deepest condolences for your loss. We are hear for you. You are confranting a harsh news and ahead are some difficult times, during wich you will encounter a range of feelings, among them you might feel anger and grief.

Allow yourself to feel the full range of these emotions in order to experience the grief and loss process, as you lay the path for saying goodbye in a wholesome manner.

The birth process

The preferred and recommended form of delivery, medically and mentally, is a vaginal delivery. We will be able to control any pain with a variety of pain relief options, and the healing time is shorter and easier than a cesarean section. Additionally, a vaginal birth will contribute greatly for your next pregnancy to be defined as a low risk. Saying that, we are here foy you in any way you chose to deliver your baby.

How to say goodbye?

The time you will spend with your newborn will turn in to a precious memory. We recommend holding and seeing your baby, name it, acknowledge its presence and existence. This recommendation is anchored in an evidence based research which shwed that parents whove seen and held the baby right after birth, experienced less postpartum depression, and were more capable of dealingl with the grief and loss process. This is a personal decions, and it is your decision only. We will respect and support you on your chosen path.

Keepsake Box

After the Delivery we will hand you a box which contains a picture of your baby wrapped in it's own personal blanket and hat, made only for them, a set of prints taken with their palm and sole, a book called "quiet ricochets" that shares stories of parents who went through a similar loss, a book aimed for relating these harsh news to the young siblings at home if there are any, and a memory journal.

Burial

Judaism - from 22 weeks of gastation, your baby will be placed in a mandated buireal site, which you may know its location and would be able to visit. You may ask to be present at the burial.

Islam - The burial is done by the family.

Please let us know if you have any other religious needs for bereavement.

Decision for an Autopsy

After the delivery we will offer a few tests, mainly genetic tests and an autopsy, which may help to determine the cause of death. We will act on your decision, and will answer any question you have regarding this process.

Breast milk donation

As part of the latest years growing knowledge regarding postpartum conditions woman are facing, it is realised by many that donation of the breast milk is a healing act during the griving process after the loss of their baby.

Breastmilk donations are done in accordance and collaboration of the national breastmilk bank.



After the Delivery

After the delivery you will be resting at the surgical gynecological unit. During the first 24 hours of your stay, a midwife will bring your baby's keepsake box and discuss any concerns you might have. After discharge a midwife will reach out to you at home to ask how you are.

Emotional support

We are here for you during your stay and thereafter your discharge. A social worker accompanied with either a nurse/midwife will follow you during your hospital stay. We invite you to share, ask questions, and to bring up any difficulties. We will be happy to provide any answers and solutions.

Social rights

Any stillbirth aged 22+1 weeks of gestation is regarded as rightful for a full birth benefits, including delivery financial grants and paid time off. Please login to your social security personal site online for additional information.



**"SAYING GOODBYE IS THE BIRTH OF A MEMORY,
MEMORY NEEDS A ROOM..."**

The "Shining Hopes in an Embracing Hug" staff here at the Hillel Yaffe medical center are here for you in this challenging time.

Amber Shinings

"Nitzotzot shell sheket" is an nonprofit organization established after a personal pregnancy loss, in order to shine light for others in times of darkness, and to spread shimmers of hope that will expand in to a greater light. They provide kits, initial emotional support for grieving parents, and support groups.



Contact Hillel Yaffe Medical Center

